

Biographies

Short Biography (54 words)

Wellbeing & Productivity Expert. Author. Coach.

Gifty Enright is a globally recognised expert in workplace wellbeing, productivity, and leadership coaching. As an Author and TV contributor with three decades of corporate experience, she combines Western science, Eastern philosophy, and African wisdom to transform workplaces into havens of creativity, productivity, and responsible leadership. Gifty's holistic approach fosters resilience and sustainable success.

Medium Biography (97 words)

Wellbeing & Productivity Expert. Author. Coach.

Gifty Enright is a globally recognised expert in workplace wellbeing, productivity, and leadership coaching. As an Author and expert TV contributor with three decades of corporate experience, she has led business transformations, run her own successful business, written a bestselling book, and delivered an impactful TEDx talk. Gifty's innovative approach blends Western science, Eastern philosophy, and African wisdom, making her a sought-after speaker and coach. She is dedicated to transforming workplaces into havens of creativity, productivity, and responsible leadership. Her holistic coaching addresses physical, emotional, mental, and spiritual wellbeing, providing practical strategies for personal and professional growth.

Long Biography (164 words)

Wellbeing & Productivity Expert. Author. Coach.

Gifty Enright is a globally recognised expert in workplace wellbeing, productivity, and leadership coaching. As an Author and expert TV contributor with three decades of corporate experience, she has led business transformations, run her own successful business, written a bestselling book, and delivered an impactful TEDx talk. Gifty's innovative approach, which combines Western science, Eastern philosophy, and African wisdom, makes her a sought-after speaker and coach dedicated to transforming workplaces into havens of creativity, productivity, and responsible leadership.

She empowers leaders to cultivate responsible leadership, creating safe and thriving environments for all employees. Additionally, she is passionate about supporting women in the workplace, helping them overcome burnout and achieve a harmonious work-life balance. Gifty's holistic coaching addresses all aspects of wellbeing – physical, emotional, mental, and spiritual – providing comprehensive strategies for personal and professional growth.

Gifty's engaging presentations inspire and equip organisations to achieve sustainable success. Her work not only enhances productivity but also fosters a culture of inclusivity and wellbeing, ensuring long-term organisational health and performance.

A large, faint, stylized signature of the name 'Gifty' in a cursive script, positioned in the center of the page.